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A Note Of Thanks from Doris MacKellar: Thanks to all of you who upheld me in prayer before my hip operation, and subsequently brought forward the date of the operation. I'm sure it was the wonderful prayers that orchestrated the operating team that brought about such successful results. Thanks to each of you. – Doris.

Parish Council 2017 – Announcing your St. Mark Ocean Park Council for 2017! Please keep them in your hearts and prayers. Clergy: Rev. Craig Tanksley, Rector's Warden: Catherine Featherstone, People's Wardens: Art Go and Ken Miles, Recording Secretary: Isabel Chernoff, Treasurer: Barbara Carington Smith, Synod Delegates: Peter Boorman, Isabel Chernoff, David Soy, Brian Walks, Alternate Synod Delegates: Jock Ferguson, Barbara Grantham, Cliff Neyedli, Holly Zhang Members at Large: Heather Higginson, Brenda Horner, Gertrude Musherure, and Ben Schmit, and Synod Youth Delegate: Josh Brown

**World Day Of Prayer** – This year the service is Friday, March 3, at 1:30pm at Crescent United Church 2756 127<sup>th</sup> Street, Ocean Park (Surrey). It would be great to see a good turn out from St. Mark's.

<u>Prayer</u> – Genesis 12:1-4a, Psalm 32, Romans 4:1-5, 13-17, Matthew 17:1-9

Seeking Hand Bell Ringers - Looking for 5 to 10 people to play hand bells for the Easter anthem. If you can ring a bell, follow direction and have good timing, we'd like to invite you to play the hand bells for St. Mark's Easter service April 16, 2017. You do not need to read music. However you would need to come to a few practices and commit to being there on Easter Sunday. Practice times will be decided based on volunteers schedule. If you are interested contact Emily, Choir Director, at <a href="mailto:emily0707@yahoo.com">emily0707@yahoo.com</a> or 604-379-8719.

Change of Heart - We will gather tonight, Sunday, February 26 at 7pm in the Family Room for our Change of Heart Contemplative Prayer service. This week we will see how the spiritual practice of Lectio Divina can be a powerful vehicle for learning to live with a desire to be awake to God's presence from moment to moment each day.

Everyone is welcome! Please join us! Janet Scott, Coordinator

### "PARISH PULSE" NEWSLETTER OF ST. MARK OCEAN PARK

**SUNDAY, FEB 26, 2017** 

# Tax Receipts Ready For Pick Up – in the Narthex today.

#### The Lunch Basket for Hungry Children

is provided this week to the Glory of God and in memory of Blanche Biddle.

<u>Flowers for the Altar</u> – are provided this week by Irene Snow to the honour and glory of God, and in remembrance of my beloved husband Bill.

#### SHROVE TUESDAY PANCAKE

**SUPPER:** Pancakes, pancakes and more pancakes with sausages, ham, fruit toppings and whipping cream. Sounds great!!! It is the 52nd annual Shrove Tuesday Pancake Supper, a cooperative effort of the Ladies Guild, the Men's Club and Steve MacPherson our expert pancake flipper. We are looking for donations of frozen fruit for the toppings. Please contact Brian Walks: 604.538.3568 or <a href="mailto:brian.walks@gmail.com">brian.walks@gmail.com</a> if you can help in this way.

Bring your appetite on Tue. Feb. 28 at 5:30 pm. Tickets on sale after Church. Cost \$10. Kids free.

#### **Library News**



Cooper is looking forward to a 2 week vacation with his friends Fordy, Hiro, and Lunk on a restored cabin cruiser. Is that a body floating in the underwater currents of the lake or is that just vivid imaginations? Too late they see the trap. **Below the Surface** by **Tim Shoemaker** is a real page turner, you will be holding your breath to the last page.

<u>Prayer Chain Contact</u> – The coordinator for the Prayer Chain is Lynne Hurd. She may be reached at <u>lynneh1@telus.net</u> or at 604.542.2772.

St. Mark Adopt-a-Street – A big thank you to the February team, the Switzers, the Soys, Kathy Tubbs and Nick Timms did a great job cleaning our street on Monday, as well as got a great walk on a sunny day. Can you imagine they picked up about 20 pounds of trash, and it was not that long ago that the January team cleaned the street.



Savvy Seniors get together for chatting and playing games in the Hall and the Family Room, from 1pm to 3:30pm, every second Wednesday. In March the Wednesdays fall on:

- March 1
- March 15
- March 29
   Further information is available from Sue Indridson (<u>sinder@shaw.ca</u>) or 604.531.4931 OR from Janet Cormode <u>janet.cormode@gmail.com</u> or 604.531.9585

## PWRDF reminds us that **International Women's Day is on Wednesday, March 8**

International Women's Day is celebrated in many countries around the world. It is a day when women are recognized for their achievements without regard to divisions, whether national, ethnic, linguistic, cultural, economic or political. International Women's Day first emerged from the activities of labour movements at the turn of the twentieth century in North America and across Europe

Since those early years, International Women's Day has assumed a new global dimension for women in developed and developing countries alike. The growing international women's movement, which has been strengthened by four global United Nations women's conferences, has helped make the commemoration a rallying point to build support for women's rights and participation in the political and economic arenas.

#### **Upcoming Events**

#### Monday, February 27

9am - Exercise - Hall

#### Tuesday, February 28

9:30am – Bible Study – Family Room 5:30pm – Shrove Tuesday Pancake Supper - Hall 7pm – Youth – Youth Room

#### Ash Wednesday, March 1

9am – Yoga Exercise – Education Centre 10am –Service – Sanctuary 1pm – Seniors Get-Together 7:30pm – Choir Practice - Sanctuary

#### Thursday, March 2

7pm - Lenten Series - Family Room

#### Friday, March 3

9am - Exercise - Hall

Thursday, March 9 – Lenten Luncheon here at St. Mark's at 12noon

#### ST. MARK'S LENTEN STUDY SERIES 2017



## WHAT ARE THE MARKS OF MISSION OF THE ANGLICAN COMMUNION AND HOW

March 2 - Proclamation - Craig Living the Good news of the Kingdom

DO WE LIVE THEM OUT?

March 9 - Christian Growth - Steve Maturing in Christ

March 16 - Loving Service - Steve Being the Community of Christ

March 23 - Social Justice - Steve Being Positively Counter-Cultural

March 30 - Creation Care - Craig Caring for God's Gifts to Us

Sign up in the narthex after the service

